



www.bhriguashram.org | bhriguashram@yahoo.com | 50 Cienega, Irvine, CA 92618 | (714) 615-9225

Come join us for Bhrigu Ashram Event with Guruji Shree Sanjay Aggarwal !!!

Event Highlights:

- ★ The Teachings of GEET DIVYA KRIYA YOGA
- ★ FREE Vedic Astrology Consultations
- ★ Spiritual Discourses on Shrimad Bhagwad Geeta

Contact Guruji at 714-615-9225 or Divya at 763-565-6634 for the following programs:

- ★ GEET DIVYA KRIYA YOGA initiations & meditative practice
- ★ Divine Healing

Venue:

S. V. Temple,
7615 Metro Blvd,
Edina, MN 55439
Phone#: 952-835-2250

Event Dates:

Saturday, 14th April 2012
10:30A M – 12:30PM

Limited Seating!!! All Events (except Geet Divya Kriya Yoga Initiation) are FREE!!! All are Welcome to Attend!!!

RSVP to bhriguashram@yahoo.com or call Guruji at 714-615-9225 for personal consultations

What is GEET DIVYA KRIYA YOGA?

GEET DIVYA KRIYA YOGA is a series of scientific meditative techniques for God Realization as narrated by Lord Krishna to his disciple Arjuna in the Shrimad Bhagwad Geeta. Lord Krishna in Bhagwad Geeta says that one can shatter all karmic bondages through practice of Geet Divya Kriya and become completely free, roaming in God consciousness. Even the tiniest bit of this Yogic practice can release one from the greatest fear that comes due to sufferings of repetitive cycles of births and deaths. Geet Divya Kriya helps in complete physical, mental and spiritual development of the person and it also helps in curing psychological disorders like depression.

An idle mind is a devil's workshop. This restlessness gives ignorance, delusions and leads to material attachments. The moment the mind is given some constant never ending work it quiets down. To place the mind in the stream of one's own breath constitutes to practicing Divya Kriya. The mind eventually calms down.

Shree Maharishi Bhrigu (Top most photo on left) filled with purity and love, the Guru of Lord Vishnu and the attainer of Nirvikalpa Samadhi, the highest goal of a realized Yogi. He was instrumental in compiling the Bhrigu Samhita along with Shukracharya (his son and prime disciple) and other key disciples. This Samhita is an astrological treatise written through the strength of Yoga (Yoga bala) containing numerous horoscopes from beginning of Time.

The first picture on the left below Maharishi Bhrigu is Maharishi Ved-Vyasa, the author of the great epic Mahabharata. On his right is the picture of the divine daughter of Maharishi Bhrigu, Divya Saraswati who is overflowing with divine motherly love, simplicity and wisdom and saturate all who come in contact with her with these divine qualities. Below them is the lineage of Kriya Yoga Masters headed by Mahavatar Babaji who revived the Geet Divya Kriya Yoga in the modern era.

॥ ॐ सर्वे भवन्तु सुखिनः । सर्वे सन्तु निरामयाः । सर्वे भद्राणि पश्यन्तु । मा कश्चिद् दुःख भाग्भवेत् ॥
॥ ॐ भृगुवे नमः ॥ ॐ नमो नारायणाय ॥ ॐ नमः शिवाय ॥ ॐ नमो भगवते वासुदेवाय ॥ ॐ तत् सत् ॐ ॥